

## PLEASE NOTE

- Use good sunscreen to protect your Cosmetic Tattoo
- If you are planning on having a chemical peel laser treatment of MRI scan, please inform the Technician of your permanent Cosmetics.
- Please inform the National Blood service if you donate blood as you may not be eligible to give blood for at least six months after application of permanent cosmetics.
- Please phone us if you have any concern or questions at all. We are happy to answer even the smallest question or concern you may have.

## COMMON SYMPTOMS EXPERIENCED DURING HEALING

- Minor redness, bruising, swelling and tenderness are symptoms to be expected immediately after treatment.
- Dry flaking and mild itching as the treated area heals could be experienced.
- Crusting may be experienced
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*These symptoms are a normal part of the healing process. The length of time the above symptoms take to settle varies from one person to another.*

*Proper care of your Cosmetic enhancement & Medical Tattoo investment is vital. Follow the general instructions then the steps for the particular procedure you have received.*

## YOUR TECHNICIAN

**Shelleyanne Judson** is a Qualified Cosmetologist with 40 yrs experience in the beauty industry. Shelleyanne began her Cosmetic Tattoo training in April 2021 with Internationally renowned Carol Beach from Micropigmentation Services, Remuera Auckland. Carol has been a leader in the field of Cosmetic tattooing here in New Zealand for the past 40 years. Shelleyanne continues to work closely with Carol. Shelley has completed her qualifications for the following services:

- Areola and Nipple
- Eyeliner
- Lips
- Eyebrows

Shelleyanne then went on to pass her Scalp Micropigmentation for Men and Women comprehensive training in September 2023 with one of the worlds leading SMP Artist; AJ from INKD SMP Melbourne supported by New Zealand's leading Artist; Ardon England from SMP Aoteroa.

*Shelley-Anne Judson*

## Cosmique Ink

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## AFTER CARE INSTRUCTIONS FOR COSMETIC ENHANCEMENT TATTOOING PROCEDURES

## FOLLOW-UP PROCEDURES FOR LIP-LINING AND FULL LIP

THE FOLLOW-UP APPOINTMENT IS AN ESSENTIAL STEP IN THE WHOLE COSMETIC TATTOO PROCEDURE. SOME UNEVENNESS OF COLOUR CAN BE EXPERIENCED AFTER HEALING IS COMPLETED AND OF COURSE UP TO 70% LOSS OF COLOUR. THIS CAN BE CORRECTED AT THE FOLLOW-UP VISIT. ANY ADDITIONAL ADD-ON REQUIRED OR COLOUR CHANGE NEEDED CAN BE ACHIEVED AT THE FOLLOW-UP APPOINTMENT.

*All PMU Procedures will initially require two visits.*

## HYGIENE INSTRUCTIONS TO PREVENT CROSS CONTAMINATION

- Wash your hands before applying your healing product
- Use a cotton bud to apply the healing product. Do not return the cotton bud back into the healing product once it has been in contact with the injured skin. Use a clean bud each time you apply the product.
- Do not use facial cleanser on the treated area until it has healed.
- Do not PICK, PEEL OR RUB any dry flaking skin or crusting of the treated area as this could encourage the risk of infection or scarring of the skin. Allow the skin to heal in its own time with the assistance of the healing product.

## GENERAL CARE AFTER COSMETIC ENHANCEMENT TATOO PROCEDURE

**The average healing time for most skins can arrange from 5 to 14 days.**

- Do not expose treated skin to sunlight, tanning treatments, Jacuzzis, saunas, salt water, chlorinated pools, direct shower spray.
- Do not receive bleaching treatments, waxing treatments, electrolysis or laser hair removal treatments close to the treated area.
- Do not ever use Retin-A, Vitamin C or products containing Alpha Hydroxy Acids on the treated area as these products could fade the pigment colour.
- Do not use antibiotics on pigmented skin. Antibiotics cause a severe allergic-like reaction.

## LIP-LINING AND FULL LIP

- Wet cotton pads cooled in the refrigerator for 15 minutes will help reduce swelling
- If there is any history of cold sore or fever blisters, Use Zovirax cream immediately after treatment for the next 3 – 4 days. Apply at least 3 times with cotton bud.
- (Please note it is good to also do a course of Blackmores Lyp-Syne before your lip PMU if you have a history of cold sore or fever blisters)
- Then use Antiseptic product as discussed with your Cosmetic Tattoo practitioner.
- For lip -liner, do not use lipstick for at least 4 days after treatment.
- For full Lip-procedure, Do not use lipstick until lips are completely healed.
- Healing time for full lip procedure could take up to 2 full weeks or longer to heal.
- Wipe the lipstick before applying to the lips to remove any stale residue. This will help eliminate the risk of cross contamination.
- Use a clean pillowcase, face cloth and towel for the 3 days after treatment.

*Remember your selected colour will be stronger and more sharply defined for the first 4 – 5 days and will shed away appearing as if little or no colour is present. Over the next 2 weeks the colour will blossom into a considerably softer version of the original colour.*

## PIGMENT FADING DEPENDS ON THE FOLLOWING

- The skin's ability to accept pigment. Total rejection of pigment can occur. This cannot be determined before procedure.
- The general health of the skin.
- The degree of crust formation and flaking experienced during the healing process.
- The intensity of the choice of pigment colour
- The treated area will appear very exact and darker in colour when first treated but approximately 40 to 70% of the intensity will be lost during the healing process. The pigment colour loss for the lip-liner and full lip procedure could be up to 80%. The colour will soften during healing. Some skins lose quite a lot of pigment during healing and some hardly lose any colour at all.
- The skin care products used. Those products that have high percentage Vitamin A and C may cause the pigment to fade more quickly. Also Alpha Hydroxy Acids have the same effect.
- Some medications can cause more rapid than normal fading of pigment.
- The sun will fade the pigment and so will swimming in salt and chlorinated water.
- Too much time lapse between the original treatment and the follow up treatment.